

# Using the National Citizen Service offer to enhance your careers curriculum and support Gatsby benchmarking



# **Oliver Nowell NCS Trust & Pete Alger Inspira**



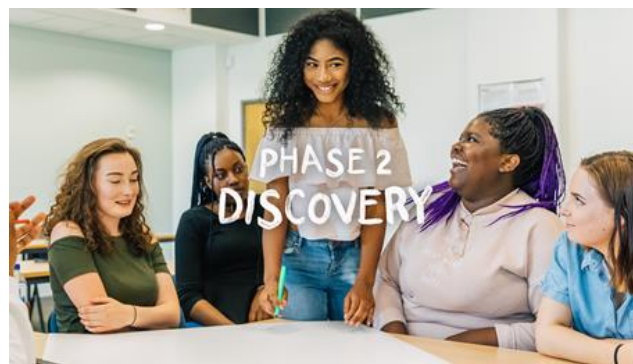
# Purpose

Social cohesion

Social mobility

Civic engagement

# The programme



NCS Alumni

# NCS' successes so far

## Scale and Reach



By its 10th year, **nearly half a million** young people have taken part in NCS



Currently, around **1 in 6 of the eligible cohort** of young people participate in NCS



NCS is for everyone - **15% of participants are eligible for Free School Meals**, compared to 12% nationally



NCS participants are diverse - **31% of participants are BAME**, vs 25% nationally

## Impact



For every £1 spent, NCS' 2016 programmes **delivered between £1.15 and £2.42 of benefits** back to society



NCS has **positive impacts on social integration**, and helps those who start with the lowest levels of integration the most

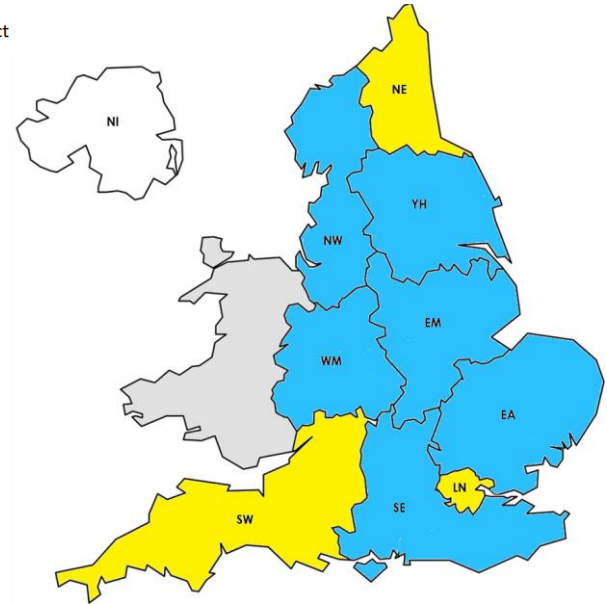
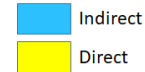


NCS graduates have **higher university access rates**, and the value of participation is significantly higher for those living in areas of low and medium entry

# Recommissioning as key enabler



- 19 regions; 8 RDPs
- NCS Trust manages SW2



- 9 regions
- Indirect model in six regions
- Direct model in three regions

0.1



[Video](#)



By

Supporting young people to develop the skills and experiences needed for higher education and employment.

Contributing to 'Outstanding' careers provision with the NCS programme and the Gatsby Benchmarks.



# NCS and the Gatsby Benchmarks



Supporting Schools in their Statutory Requirements for Careers Provision and Evaluation

How NCS achieves this:

- Networking sessions with NCS Trust staff to develop understanding of how to enter into a range of job roles
- Young people meet with employers and discuss the skills needed for employment in specialised industries
- Equipping young people to make informed choices about their futures.

# A Stable Careers Programme



## BENCHMARK 5 ENCOUNTERS WITH EMPLOYERS & EMPLOYEES

How NCS achieves this:

- Supporting young people to develop the skills and experiences needed for higher education and employment.
- Contributing to 'Outstanding' careers provision with the NCS programme and the Gatsby Benchmarks.
- Sessions led by EY (Ernst and Young) on leadership skills needed for post-university employment

# A Stable Careers Programme



## BENCHMARK 6 EXPERIENCES OF WORKPLACES

How NCS achieves this:

- 87.5% of participants pitched their social action plans to a panel of experts in Phase 3
- Work placements with Santander and Her Majesty's Treasury available to NCS grads
- NCS provides access to the Opportunity Hub, an exclusive platform that allows NCS grads to search for volunteering and work placement roles

# A Stable Careers Programme



## BENCHMARK 7 ENCOUNTERS WITH FURTHER & HIGHER EDUCATION

How NCS achieves this:

- Entry rates for NCS grads into higher education are 12% higher than non-grads
- The impact and value of NCS participation is significantly higher for young people living in areas of low and medium entry into higher education
- Grads experience university accommodation on the Leaders programme, a residential that aims to equip national representatives of NCS to develop grads as skilled ambassadors for NCS

# NCS as part of the school culture



- Work with school and college leadership to ensure that NCS becomes part of the fabric and structure of curriculum development.
- Personal Development and Character will be integral in this.
- Links to the efficacy of NCS for the new Ofsted requirements as outlined in our contributions to the new framework.
- Links with Gatsby.
- Ways of Working together - ECs and School Coordinators

# Ways of Working together - ECs and SCs



- The role can support professional development
- Provides a potential retention opportunity
- Building a network of best practice and shared experiences nationally. Working alongside Teach First and CEC to make the offer as robust as possible.
- Financially supportive to schools.



# Exercise

NCS provides ample opportunity for young people to grow and develop and help provide evidence for schools to show they have 'a stable careers programme'.

NCS is designed to support schools in this regard and does not detract from the business of the school and its teachers teaching!

## Discussion and Feedback:

- How would you rate your understanding of NCS?
- What are your experiences of NCS?
- What are the benefits to young people and schools from this programme; consider destinations and outcomes.
- What would students in your classes find most appealing about the programme?
- Can you see any drawbacks or barriers to participation?
- What would help you to talk about the Programme more confidently and address these barriers?



# Case Study

## **Aless Gibson - NCS Grad extraordinaire!**

Completed NCS in 2015 - Aless was transferring to LGGS for A levels and knew she needed to build her confidence. She had a small peer group at school and struggled with social anxiety, so she saw NCS as a way for her to help develop some additional soft skills to go alongside her excellent academic achievements.

Aless found phase 1 incredibly difficult. She is not a “physical” person and the challenge of the outdoor activities was one she struggled with. However, with support from her team and the NCS staff she completed everything and started to feel more confident with herself. She is not someone who gives up, and she knew that she needed to successfully complete phase 1, to enable her to progress onto the rest of NCS. Aless enjoyed Phases 2 & 3 of NCS and her team helped renovate the Lads & Girls Club in Kendal for their social action project. She went on to win the “most positive participant” award at the NCS Graduation.

Following her NCS experience, Aless was encouraged by her wave leader to apply for a place on the youth board of Plan International; her application was successful and as well as working on a number of campaigns and representing the charity at the Labour Party conference, she is now the Youth Observer on their board of trustees.

In 2017, Aless returned to NCS to support a young disabled person on programme. She also delivered workshops to NCS participants, looking at how young people deal with conflict situations and exploring mediation. As a result of this, she was invited to attend an Erasmus youth conference in Paris, where she spent a week working alongside teams from 7 European countries.





# Case Study

In 2018, Aless came back to work on NCS as a Team Assistant and delivered the NCS Graduate & Extension workshops. She also spoke at a meeting of Mental Health & Wellbeing practitioners in North Lancs about how NCS can be a positive way of addressing anxiety, confidence and other mental health issues in young people. In September of that year, she took up her place at King's College in London, studying Medicine – Aless stated that 75% of her personal statement related to skills, opportunities & experiences she had been given from taking part in NCS.

Aless is returning to work for NCS as a Team Assistant in 2019.

Aless quote (following the Paris youth conference in December 2017)

“I hope to remain involved in NCS as I have gone on to reap many rewards from my experience. From receiving an award at the NCS graduation, to being selected for a national charity’s youth panel (Plan International), and getting to volunteer this summer with NCS mentoring a young person with a physical disability, NCS has given me experiences I never anticipated at the start. My experiences with the Respect4 Erasmus project and NCS continue to shape my future, improving the skills I will need for my career such as communication, confidence and team working.”

# Aless Gibson



# NCS & The Gatsby Benchmarks



- NCS has worked closely with The Careers & Enterprise Company to ensure that the information provided to you will help with your school's development, evaluation and action plans for careers provision in light of new guidance that took effect in September 2018.
- Accompanied by a short form 'mapping aid' which outlines to your coordinators, teachers and wider community how NCS participation can form part of high-quality careers provision taking place. We are very keen to support schools – alongside The Careers & Enterprise Company – to both showcase your excellent examples and help you provide powerful evidence of how NCS supports you in your statutory obligations to career provision.
- NCS programme alone does not make up 'outstanding' careers provision. Rather, it can be utilised as a powerful and compelling example of a varied and comprehensive programme of provision that supports the widest range of learners in making informed decisions on their futures.